



TURMERIC ADVANTAGE +PLUS™

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Why choose TURMERIC ADVANTAGE Plus™

✓Efficacy

✓Value

✓Integrity

Turmeric Advantage Plus™:

- contributes to normal immune system function
- is an excellent source of dietary fibre (7g per serve)
- is FREE from gluten, lactose & nuts and GMO ingredients
- is preservative FREE
- contributes to regular laxation
- is easily included in a reduced energy diet & along with regular exercise contributes to weight loss or weight maintenance

Nutrition Information

Servings per package: 45.00

Serving size: 10g (dissolved into 200mL water)

	Average Quantity per Serving	Average Quantity per 100g
Energy	24 kJ	243 kJ
Protein	0.1 g	0.8 g
Fat, total	0.0 g	0.3 g
- saturated	0.0 g	0.1 g
Carbohydrate	2.4 g	24.4 g
- sugars	0.3 g	2.7 g
Sodium	39 mg	391 mg
Zinc	5mg 40% RDI	50mg
Dietary Fibre	7.1g 23% RDI	71g

Recommended Daily Intake (RDI) based on an average adult diet of 8700kJ

Ingredients: Non-GMO corn fibre (prebiotic), turmeric extract (3.8%) (*Curcuma longa*), galangal extract (*Alpinia galanga*), lemon juice powder, sweet potato powder, manuka honey powder, natural flavours, citric acid, Immulink MBG® red Reishi mushroom beta-glucan extract (*Ganoderma lucidum*), salt, ginger, zinc gluconate, xanthan gum, guar gum, cinnamon, stevia, black pepper, cardamom.

DIRECTIONS

Put 1 **tablespoon** (10g) in 200mL of water in a beverage shaker until dissolved. You can replace water with any other beverage or smoothie but note nutritional values will change.

Recommend one (1) serve per day. Maximum of two (2) serves per day.

If you have any underlying medical condition (such as significant anaemia), please consult your medical professional before consuming this product.

MORE INFORMATION

Every 10g serve of Turmeric Advantage Plus™ contains the equivalent of 18g fresh turmeric rhizome, 5014 ORAC units (antioxidant effect), the equivalent of 38g of fresh galangal rhizome and 7g prebiotic dietary fibre.

Every serve also contains 40% RDI of bio-available zinc, important to maintain a healthy immune system. PLUS every serve has the equivalent of 50g red Reishi mushroom (*Ganoderma lucidum*) from Immulink MBG® (Mushroom Beta Glucan).

If taking a zinc supplement, consider the contribution from Turmeric Advantage Plus.
If pregnant or breastfeeding, please consult with your medical professional first.

Handle powder with care as it may cause temporary staining. UV light will assist in fading these stains.

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Store in a cool dry place away from direct sunlight. Do not use if tamper evident seal is broken.
Contents may settle. Sold by weight not volume.

Best before April 2022 BN21980

100g net weight 10 Serves

TURMERIC ADVANTAGE Plus™

Was developed to maintain a healthy immune system & antioxidants for cellular defence from free radical damage plus supports digestive health.

A bio-available CURCUMIN formula that contains per serve:

- 40% RDI Zinc
- 23% RDI Dietary Fibre
- 6 calories
- 98% sugar free & no added sugar
- Red Reishi mushroom beta glucan from Immulink MBG®

Scientifically Researched + Traditional Knowledge



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TEN DAY CHALLENGE

On the table below, record your pain/discomfort levels, your alertness/energy levels and your gut function levels before taking your first dose of **Turmeric Advantage Plus™**. After taking your daily dose, record down the above levels again. **Repeat this process over the 10 days.**

Day 0 Scale: 1 to 10 (1 being terrible and 10 being excellent)

Day 1-10 Scale: 1 to 10 (1- much worse, 5 - same, 10 - much better)

Day	Pain/Discomfort	Alertness/Energy	Gut Function
0			
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			